



# Portland North Primary School

## Newsletter

Thursday 13th June, Term 2 | Week 9

**Principal: Cate Elshaug**

**BSB: 063-536 ACCOUNT#: 1006 1314**

**PHONE: 03 5523 1482 ADDRESS: 42 School Road, Portland, Vic, 3305**

**EMAIL: portland.north.ps@education.vic.gov.au WEBSITE: www.portlandnorthprimary.com.au**

## PNPS Calendar

 School arrival time: 8:40  
(earlier by arrangement with Cate)



**19th June**  
**Family Maths Night**

**29th June - 14 July**  
**SCHOOL HOLIDAYS!!**

## TERM 3!

**16th, 17th & 18th July**  
**Family Conferences**  
Bookings open on  
Compass from Week 10  
Term 2.

**19th July**  
**NAIDOC Day Event**  
Information to come

**12th - 15th August**  
**Grade 5/6 Camp**  
Ballarat Adventure Camp

**16th August**  
**Parents Club - Trivia  
Night**  
Information to come

After another very busy term, all our teachers are finishing their mid-year reports. As always, it is a pleasure to review the semester's work and reflect on the progress and achievements each child has made. We have made a very concerted effort to 'pare back' the reports this year, with much less 'teacher talk' and more concise observations about each child's progress and achievements. At our Family Conferences next term, the teachers will discuss the children's progress in more detail and share their goals and 'next steps' for improvement. Family Conferences will be held in Week 1 of Term 3, on Tuesday 16th and Wednesday 17th after school, and all day on Thursday 18th of July. **Bookings will open on Compass next week so you can make bookings that work best for your family.**

The school's **2023 Annual Report** to the community is now available from the office if you would like to read it. It is very reflective of our successful review last year and summarises our achievements over the last 12 months.

We are looking forward to finishing the Term with our **Family Maths Night next Wednesday, June 19th**. The invitations came home to you last week and we really encourage you to join us to explore our current approach to mathematics teaching, experience some fun maths activities with your children and learn how you can support your children at home with their maths. We promise it will be fun and not hard!





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Our **Year 5 & 6 Camp planning** is underway, with initial information coming home to you yesterday. This year the children are attending a new Adventure Camp near Ballarat, which we know will be a wonderful experience for them all. Please complete the form indicating that your child will be attending camp and return it to your child's teacher as soon as possible. This will then allow us to complete our budgets so we can give you all the information you need before the end of term.

The Senior school children participated in the inter-school **Winter Series Sports** last week, with our Netball, T-Ball and Football teams all playing very well. As always, we are most proud of the way they represented our school and the great sportsmanship they demonstrated. Our Football team had a great day out and they were just beaten in the Grand Final by a very worthy Portland South PS team. Our T-Ball team went all the way, winning their Grand Final and going on to represent Portland at the next level of competition.



**Our Successful T-Ball Team:**  
Back L-R: Hudson, Euan and Flynn  
Front L-R: Max, Caleb, Mason and Tyson



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## PNPS Footy Team



We also had some students from Bolwarra join us to make up a team so everyone could participate!



The Parents Club have a wonderful community event planned for Term 3. **Please save the date for our Trivia Night on August 16th** and more information will be sent home early next term.

Planning is also underway for our **main fundraising event for the year, the Mini Fete in Term 4, which will culminate in the Colour Run on November 14th**. Please save the date and look out for more information next term.

*Thank you, Cate*



# Upcoming PNPS Event...

## IT'S MATHS TIME



**FAMILY MATHS EVENING**

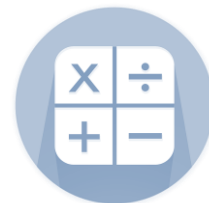
You are invited to join us for a fun maths evening to learn about our highly effective, evidence-based approach to Numeracy teaching.

**WEDNESDAY JUNE 19TH**

**6:00pm - 6:30pm:**  
Parents will join Cate

- to learn about why and how we do what we do.
- how you can help your child with Maths at home. (students to stay in classrooms with class teacher during this time)
















**6:30pm - 7:30pm:**  
Experience our approach in the classroom with your children.



Invitations were sent home last week - we would really like to share our approach to teaching Maths and help you to support your children with their Maths learning at home. If you don't have an invitation to return, please call or see the office and we can mark you down as attending.

# PNPS Student Appreciation Awards

Trust      Forgiveness      Integrity      Hope      Compassion

		<b>The Davies Children</b>		
		<i>for their 'courage and kindness - we are so glad to have had you for a short time and we wish you well for your move to your new home and school.</i>		
		<b>Prep</b> : Lachie Preston Reggie Gordon		
		<b>1/2B</b> : Lenny Medley Porsha Nelson		
		<b>1/2W</b> : Jesse Keiller Miguel Little		
		<b>3/4A</b> : Zaine Petrie Mollie Trestrail		
		<b>4/5K</b> : Teigh Flannery Isaac Flower		
		<b>5/6R</b> : Taylah Doueal Kewarra Saunders-Joseph		



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## NOTICEBOARD

**IT'S PLAY TIME!**

**THERE IS A SCHOOL HOLIDAY PROGRAM NEAR YOU**

**nab AFL Auskick**  
4-8 year olds

**AFL Superkick**  
8-12 year olds

**FIND OUT WHAT IS AVAILABLE IN YOUR AREA**

SCAN HERE



# NOTICE BOARD

## **Feel Calmer with Mindfulness**

Fun and easy ways to explore mindfulness and feel calmer.

Sometimes, finding calm can be hard, but we have some ideas to help.

It's called **MINDFULNESS**.

### **But what is mindfulness?**

It's like a superpower that helps us pay attention to what's happening right now without worrying or getting distracted. It's about being nice to our thoughts and feelings. How do we do mindfulness? It's easier than you think!

### **Check out these fun and simple ways to get started:**

- 1. Calm Down Countdown** - Next time you're feeling stressed or upset, try this quick breathing exercise to calm your mind. Take a deep breath in for a count of three, hold it for a count of three, and then breathe out slowly for a count of three. Repeat a few times, and feel the tension melt away.
- 2. Mindful Colouring** - Grab your favourite colouring book and some pencils and get ready to unleash your creativity! As you colour, focus on the pencil in your hand, the colours on the page, and the sound it makes as you colour. It's a simple way to quiet your mind and relax.
- 3. Nature Detective** - Take a walk outside and become a detective of the natural world! Notice the colours of the leaves, the sound of birds chirping, and the feeling of the sun on your skin. Use all your senses to explore and feel yourself becoming connected to the world around you.
- 4. Gratitude Jar** - Start a gratitude jar and fill it with little notes about things you're thankful for. It could be anything from your favourite toy to a special moment with a friend. Whenever you're feeling down, take a moment to read through your notes and remind yourself of all the good things.

Give them a go and see how you feel. Happy exploring!

Brenda Oxford  
Personal Trainer  
BFF Studios





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## EOFY Special

**\$120**  
Valued at over \$600


**ALL INCLUSIVE EXPERIENCE  
FULL ACCESS TO  
ALL OF OUR SERVICES  
FOR THE MONTH OF JULY**

Includes:

- Unlimited Group Sessions
- Unlimited Semi Private Reformer sessions
- Access to the Members Only Facebook Group
- 2x Evolt Body Composition Scans
- 1x Pair of Pilates/Barre Socks




Bayview College



GLENNELG LIBRARIES

**PORTLAND COMMUNITY  
CHESS CLUB**



**TUESDAYS  
3:45PM-4:45PM  
PORTLAND LIBRARY**

**ALL EXPERIENCE LEVELS WELCOME**

*Free activity. No equipment required.*


# KOORIE YOUTH HUB

DINNER PROVIDED  
TRANSPORT AVAILABLE

**EVERY  
WEDNESDAY  
&  
FRIDAY  
5.30-8.30**

24 HENTY ST PORTLAND  
WORN GUNDITJ OFFICE

PLEASE CONTACT  
AARON  
BAMBLETT  
FOR MORE INFO  
PH: 0431810335





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### The Beauty Boutique

0408218855  
thebeautyboutiqueportland

Spa Facials  
IPL Hair Removal  
Enzyme Therapy  
Body Contouring  
Tattoo Removal  
Radio Frequency  
Skin Needling  
Photorejuvenation  
Carbon Facials  
Spray Tanning  
Infared Sauna

Please ring the office if you would like to advertise a business, we have 1 spot available...

# THANK YOU!

A sincere thank you to our local sponsors for their ongoing support. Their contributions enhance our school community.

We encourage families to explore the high-quality services offered by these businesses.

## FINWASTE SOUTH WEST

*Phillip and Lisa Newton*

Commercial & domestic rubbish removal, green waste and party bin hire

0419 324 664

03 5526 5455

finwaste@optusnet.com.au



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PARTNERS **bww**

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